

## THE PURPOSE OF PIT STOPS

### 1. NECESSARY INSTRUCTION

*Until I come, give attention to the public **reading of Scripture, to exhortation and teaching**...<sup>15</sup> Take pains with these things; be absorbed in them, so that your progress may be evident to all.*

1 Timothy 4:13,15

### 2. NECESSARY EQUIPMENT

*I did not immediately consult with flesh and blood,<sup>17</sup> nor did I go up to Jerusalem to those who were apostles before me; but **I went away to Arabia**, and returned once more to Damascus. Galatians 1:16-17*

### 3. NEEDED ENCOURAGEMENT

*For I have come to have much joy and comfort in your love, because the hearts of the saints have been **refreshed** through you, brother.*

Philemon 1:7

*And after the reading of the Law and the Prophets the synagogue officials sent to them, saying, “Brethren, if you have any word of **exhortation** for the people, say it.” Acts 13:15*

### 4. NEEDED REFRESHMENT

*That **times of refreshing** may come from the presence of the Lord;*

Acts 3:19

*Therefore, let us fear lest, while a promise remains of **entering His rest**, any one of you should seem to have come short of it. Hebrews 4:1*

### TAKEAWAY:

LET YOUR PIT CREW TAKE CARE OF YOU